

What's On

October 2024

Your monthly round up of what's
on at Ingatestone Community Centre



WED 02	2PM	Fryerning WI meeting Speaker: Tabatha Mitchell Simons - "Story Telling Through Textiles" Contact 01245 382233
SAT 05	7.45 PM	Jon Bennett Big Band featuring Mark Stratford Contact 07775 882949
THUR 10	2PM	IFCA Bingo £8 IFCA Members / £10 Non-Members Contact 01277 352064 / welcome@ifcc.org.uk
SUN 13	2PM	Funky Voices Choir www.classicalvoiceschoir.com Contact 07834 765473
WED 16	7PM	The Arts Society. Monica Bohm-Duchen "The Shock of the New or Shock for Shock's Sake?" Contact 01277 356634 / www.tasbd.org.uk
THUR 17	2:30PM Doors 2PM	Ingatestone Community Cinema Living Contact 01277 352064 / welcome@ifcc.org.uk
SAT 19	7.30 PM	Tribute Night: ABBA Revival SOLD OUT Contact 01277 352064 / welcome@ifcc.org.uk
SAT 26	7PM	Tennis Club Quiz Night £6 per person - max. 8 per table Contact 07916 119538 or 07870 279625

Weekly Classes & Events

MON 10-11AM	Zumba Contact 07802443018
MON 6 - 6.45PM	Power Hoop Contact 07855 023279
MON 7 - 8 PM	Aerobics Contact 07935 232495
TUES 10-12NOON	Coffee Morning 01277 352064 / welcome@ifcc.org.uk
WEDS 10AM- 12.15PM	Seated Yoga Perfect for anyone including those with mobility issues - samgolden yoga@btinternet.com
WEDS 7 - 8 PM	Aerobics (no class 16th Oct) Contact 07935 232495
THURS 12 - 1.30PM	Over 60's Lunch - Two courses £10 01277 352064
FRI 9.30-10.30AM	Pilates (no class 4th Oct) www.simplypowerpilates.co.uk / 07861 711678
FRI 12.45-2.45PM	The Sound Collective Choir (no session 25th Oct) www.thesoundcollective.co.uk / 07889 248620
SAT 09.30AM - 1PM	The Dance Co. (no class 12th Oct) Inclusive dance school for ages 4 - 16+ www.thedance-co.co.uk / 07534 997323