



What's On December 2025

WED 03	2PM	Fryerning Christmas Lunch MEMEBRS ONLY Contact: Federation of Essex WI - 01245 382233
SUN 07	12.30 - 5.30PM	Ingatestone Indoor Christmas Market Food, drinks, stalls, community groups, SANTAS GROTTO Contact 01277 352064
WED 10	2.30PM	IFCA Christmas Afternoon Tea £7 IFCA Members / £9 Non-Members BOOKING ESSENTIAL Contact 01277 352064 / welcome@ifcc.org.uk
THUR 11	2PM	IFCA Bingo £8 IFCA Members / £10 Non-Members Contact 01277 352064 / welcome@ifcc.org.uk
SUN 14	6.30PM	A Celebration of Christmas Swan Saxophone Quartet, Deb Stevens and her Singers. Tickets £12.00 Facebook.com/Swansaxophonequartet
THUR 18	2:30PM Doors 2PM	Ingatestone Community Cinema Finding Your Feet Contact 01277 352064 / welcome@ifcc.org.uk

WISHING ALL OUR MEMBERS AND GUESTS A MERRY CHRISTMAS AND
BEST WISHES FOR 2026!

Please check with the bar for opening times during the festive period!

Weekly Classes & Events

MONDAYS	
10-11AM	Zumba - 07802 443018 (no class 22 nd / 29 th)
6 - 6.45PM	Power Hoop - 07855 023279 (no class 29 th)
7 - 8 PM	Aerobics - 07935 232495 (no class 29 th)
TUESDAYS	
10-12NOON	IFCA Coffee Morning - 01277 352064 (not on 30 th)
12.30-1.30PM	Digital Drop In Session - 01277 354018 (not 23 rd / 30 th)
WEDNESDAYS	
10AM-12.15PM	Seated Yoga - samgoldenyoga@btinternet.com
THURSDAYS	
12 - 1.30PM	Over 60's Lunch - 01277 352064
5 - 7PM	Cricket - Secondary School Girls BREAK UNTIL JANUARY
FRIDAYS	
9.30-10.30AM	Pilates - www.simplypowerpilates.co.uk (not 26 th)
12.45-2.45PM	The Sound Collective Choir - www.thesoundcollective.co.uk (not 26 th)
4 - 7PM	Cricket - U9's, U7's and Women's Training BREAK UNTIL JANUARY
SATURDAYS	
9.30AM - 1PM	The Dance Co. - www.thedance-co.co.uk (no class 20 th or 27 th)