



What's On March 2026

WED 04	2PM	Fryerning WI Meeting - Speaker: Jeanette "Smart Phone Photography" Contact 01245 382233
SAT 07	2PM	Essex Gardens Trust Alison Moller "Pioneering English Plantswomen" info@essexgardenstrust.co.uk
THUR 12	2PM	IFCA Bingo £8 IFCA Members / £10 Non-Members Contact 01277 352064 / welcome@ifcc.org.uk
SAT 14	7:30PM	IFCA Tribute Night Michael Buble & Robbie Williams Contact 01277 352064 / welcome@ifcc.org.uk
SUN 15	12 - 4PM	Mothers Day Lunch - BOOKING ADVISED Contact 01277 352064
WED 18	7PM	The Arts Society - Speaker: Nicola Moorby "As if by magic, the secrets of Turner's watercolour techniques" Contact 01277 356634 / http://www.tasbd.org.uk
THUR 19	2:30PM Doors 2PM	Ingatestone Community Cinema Grumpy Old Men Contact 01277 352064 / welcome@ifcc.org.uk
SUN 29	2PM	Funky Voices Choir Contact 07834 765473 / www.classicalvoiceschoir.com

MEMBER NOTICE

A polite reminder to all members - to enjoy our discounted member drink prices, please remember to show your valid membership card at the bar before placing your order. Thank you for your understanding.

Weekly Classes & Events

MONDAYS

10-11AM	Zumba - 07802 443018
6 - 6.45PM	Power Hoop - 07855 023279 (no class 9 th Feb)
7 - 8 PM	Aerobics - 07935 232495 (2 nd & 9 th March only)

TUESDAYS

10-12NOON	IFCA Coffee Morning - 01277 352064
12.30-1.30PM	Digital Drop In Session - 01277 354018 (not 31st Mar)
5 - 6 PM	The Dance Co. - www.thedance-co.co.uk

WEDNESDAYS

10AM-12.15PM	Seated Yoga - samgoldenyooga@btinternet.com
--------------	---

THURSDAYS

5 - 7PM	Cricket - Secondary School Girls youthcricket@ifcc.co.uk
---------	---

FRIDAYS

9.30-10.30AM	Pilates - www.simplypowerpilates.co.uk
12.45-2.45PM	The Sound Collective Choir - www.thesoundcollective.co.uk
4 - 7PM	Cricket - U9's, U7's & Women's Training youthcricket@ifcc.co.uk

SATURDAYS

9.30AM - 1PM	The Dance Co. - www.thedance-co.co.uk
--------------	---------------------------------------